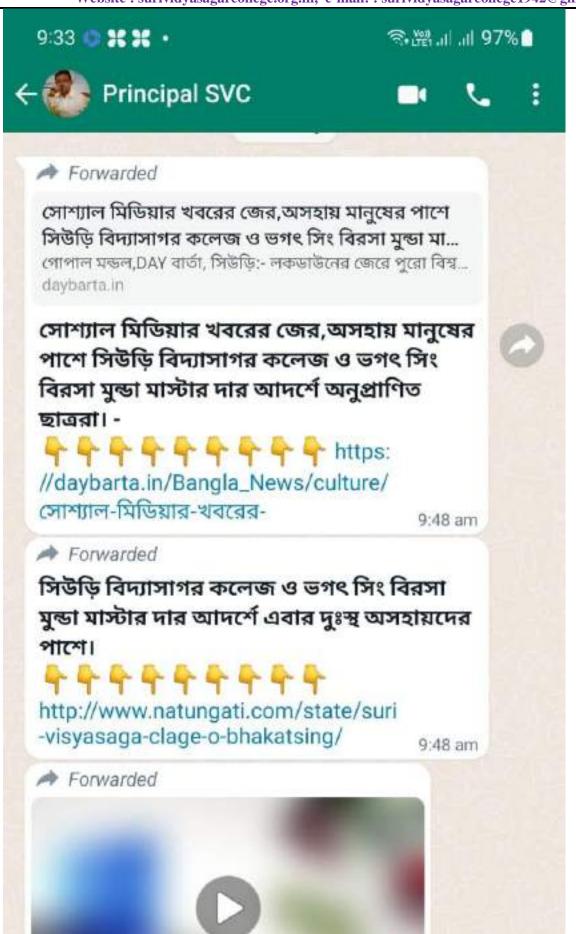
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Extension Activities by the students od Suri Vidyasagar College during the Covid-19 Pandemic



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Link of the above activities:

https://youtu.be/QnXwCd OYYU

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ONE DAY STATE LEVEL WEBINAR ON STRESS MANAGEMENT DURING PANDEMIC PERIOD

ORGANIZED BY

MSS IN COLLABORATION WITH NCC AND IQAC, SURI VIDYASAGAR COLLEGE, SURI

DATE: 15.09,2020, TIME: 05:00 PM-06:30 PM

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Pagestance Remarkable

05:00 PM-05:05 PM: WILCOME ADDRESS BY DR. HIMANIA SAHA, NCC OPPICER, SUR VEYMBAGAR

05:05 PM-05:10 PM: Introduction affacts of Dr. Taran Kinasa Parichea, Perschae, Sire Videagagae Cullius

05;10 PM-05:40 PM; Parapogramon by monogramus Swame maderiananda puri maharat. Akal ipur shri RAMERISHA BARADA BERASTRAM, ARALINUK

TOPSC: PHYLOSOPHICAL ASPECTS OF STRESS MANAGEMENT

05;49 PM-06:10 PM; PRESENTATION BY DR. KESHORIT MUCHOPADHYAY, FURMER ASSOCIATE PROFESSOR, DEPARTMENT OF PHILOSOPHY, SURI VIDYASAGAR

TOPIC: PSYCHOLOGICAL ASPECTS OF STRESS MANAGEMENT

05:10 PM-06:25 PM: INTERACTION SESSION

06:25 PM-06:30 PM: VOTE OF THANKS BY PROF. BISWAUT BAJ, NYS PROGRAMME OFFICER, SURI ALLEAST GETTERS

REGISTRATION LINK: Click here

- REGISTRATION IS FREE
- THE REGISTRATION LINE WILL REMAIN OFEN TILL 12,09,2020 TILL 05;00 PM
- Webinar flatform; google meet and YOUTURE LIVE
- ALL REGISTRAD PARTICIPANTS WILL BE requested to join a WhatsApp group
- AND FURTHER DETAILS INCLUDING LINK TO JOIN THE WERENAR AND PROBACK FORM WILL HE PROVIDED IN THIS GROUP
- E-CONTINUATE OF PARTICIPATION WILL BE PROVIDED TO ALL PARTICIPANTS WHO FILL UP THE FREDBACK FORM AT THE END OF THE WERINAR
- THE MAXIMUM NUMBER OF PARTICUANTS IN GOOGLE MEET IS 100
- CONTACT: PROF. BISWAJIT RAJ, MOR: 8617618464, R-MAII: bigwajitraj89@gmail.com



ONE DAY STATE LEVEL WEBINAR ON SOCIAL VALUES AND ETHICS

ORGANIZED BY
NSS IN COLLABORATION WITH IQAC, SURI VIDYASAGAR COLLEGE, SURI

DATE: 07.02.2021, TIME: 05:00 PM-07:00 PM

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PROGRAMME SCHOOLING

05:00 PM-05:05 PM: WILCOME ADDRESS BY THE TAPAN EUMAR FARCHHA, PERICHA, BURI VIDYASADAR COLLEGE

05:05-05:15 FM: INADDIORAL SMIRCH BY DR. SULT KUMAR CHOUDHINY, LC. B.U. AND PROGRAMMS COORDINATOR, NIS COLL, THE UNIVERSITY OF BURDWAY

05:15 MA-06:00 MIL PRESENTATION BY PROX LAVAR ALL ERIAM, D. LITT., FORMER PROPERTOR, DEPARTMENT OF SENGALL, VERMANGAR UNIVERSITY AND PRESENT RAZZ NAZZEL CHAILF PROPERTORS, DUNIVERSITY OF SENGALL, THE UNIVERSITY OF TORONS

05:00 гм-06:45 гм; экварителтом им ок, конови-можновающих, возмен аввостать респинска, DEFINITION OF PERLOSOFITY, BURE VERYABAGAR

06:45 PM- 06:55 PM: DYTERACTION REMODES

05:55 PM-67:00 PM; VOTE OF THANKS BY PROF. SISWALTS BAJ, PROGRAMMS CPIPCER, SURI VETERSAGAR COLLECT

REGISTRATION LINK: Click here

- REGISTRATION IS PASE.
 THE REGISTRATION LINK WILL REMAIN OPEN TILL.
 96.02,2021 THE \$5.00 PM
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ONE DAY STATE LEVEL WEBINAR ON

STRESS MANAGEMENT

DURING PANDEMIC PERIOD

Date: 15.09.2020, Time: 5.00 P.M – 6.30 P.M

Organized By:

NSS, in collaboration with IQAC & NCC

SURI VIDYASAGAR COLLEGE, SURI BIRBHUM

Patron

Principal, Suri Vidyasagar College

Welcome Address by

Introductory Speech by Dr. Tapan Kumar Parichha, Principal, Suri Vidyasagar College 5.05P.M-5.10 P.M

Distinguished Resource Persons:



Swami Bagishananda Puri MaharajDr. Kishore

MukhopadhyayAkalipurShriramkrishna Sharada SebashramFormer Associate Professor, Dept. of Akalipur, Birbhum

Philosophy, SuriVidyasagar College



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<u>Topic</u>: Philosophical aspects of <u>Topic</u>: Psychological aspects stress

managementofstressmanagementTime: 5.10 P.M - 5.40 P.MTime: 5.40 P.M - 6.10

P.M

Question and Answer session: 6.10-6.25 P.M

Vote of thanks: Biswajit Raj, -----, Suri VidyasagarCollege, 6.25 P.M – 6.30 P.M

Click here for registration

Registration ends: 11.09.2020

Platform of Webinar: Google Meet & YouTube Live Streaming

(Joining links and other information will be shared through what's app group and registered e-mail address.)

Jt. ConvenorJt. ConvenorJt. ConvenorBiswajit Raj

Dr. Soumyaranjan

Bhattacharya

Dr. HemantaSahaNSS Programme officer IQAC Coordinator

NCC Officer

Suri Vidyasagar College

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College

Advisory Committee Organizing Committee

Sailee Goswami Susanta Raha Malay Das, Subhash MondalRamananda Roy Surya Prakash Das Dr. Labanya Pal

Satyendra Kumar Ghosh

Dr. Anirban Paul

Feel Free to contact:

Biswajit Raj

Mob. No. 8617618464

All are cordially invited



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Dr. Tapan Kr. Parichha Principal Suri Vidyasagar College

Principal, Suri Vidyasagar College

d Vidvasagar College